BANANTHI LEHA

Bananthi Leha is a nutrient-rich, restorative formulation designed especially for post-pregnancy care. It draws on traditional South Indian postpartum recipes, offering a perfect blend that nourish's the body, improve digestion, and rebuild the strength.



KEY INGREDIENTS



Boosts Energy, Supports Immunity, Aids Digestion, Promotes Bone Health, Helps Hormonal Balance.



ONION Enhances Digestion. Natural Antimicrobial, Rich in Antioxidants, Supports Immunity.



JAGGERY Natural Energy Source, Helps Prevent Anemia **Detoxifies & Purifies** Blood. Rich in Antioxidants.



Powerful Antioxidant, Improves Digestion, Supports Gut Health, Relieves Cold & Discomfort.



MAIN BENEFITS:







Enhances Digestion

Supports Tissue Healing











HOW TO CONSUME



- ✓ Take 2 teaspoon (10g) once or twice a day followed by lukewarm water or milk
- Can be taken after 15 days of delivery or as directed by physician

WHO CAN USE



- New mothers looking for faster recovery
- Women's facing low immunity or fatigue post-childbirth
- ✓ Anyone in need of natural energy support without relying on artificial supplements

100% organic with no added preservatives or color.

CERTIFICATION AND DISCLAIMER:

Bananthi Leha is FSSAI certified.

Contains natural jaggery and is not recommended for diabetic individuals, though it may be taken in moderation. or as suggested by healthcare professionals



TRADITIONAL GRANNY'S RECIPES FOR TODAY'S MOTHER

We, at Mavedas, believe that every mother deserves care, comfort, and nourishment. By combining age-old wisdom with modern science, we create foods that help womens heal, grow stronger, and embrace motherhood with confidence. "Because when a mother is cared for, generations thrive".





Contact Us:

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- www.mayedas.com

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KEY INGREDIENTS



FENUGREEK SEEDS Supports lactation aids digestion. and helps reduce inflammation.



motes aut health

and supports

covery after deliver

CUMIN SEEDS Naturally anti-inflammator and promotes better digestion













anti-inflammatory

benefits.





supports digestion

iron absorption



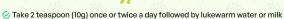
METHI SATTVA

Methi Sathva is a traditional wellness formulation inspired by age-old recipes passed down through generations. It supports women's health across every stage of life-right from puberty, through motherhood, and into menopause.

Carefully crafted to meet modern needs, Methi Sathva is convenient, ready-to-eat, and nutrient-rich. It helps restore balance, energy, and vitality, making it a trusted companion for womens in every phase of their journey.

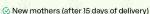


HOW TO CONSUME



- ✓ Can be taken after 15 days of delivery or as directed by physician
- ✓ Best consumed in the morning for energy or before bedtime for digestion.

WHO CAN USE 👶



- Womens struggling with low energy or hormonal imbalances

100% organic with no added preservatives or color.

CERTIFICATION AND DISCLAIMER:

Methi Sathva is FSSAI certified

Contains natural jaggery and is not recommended for diabetic individuals, though it may be taken in moderation. or as suggested by healthcare professionals



MAIN BENEFITS:



Lactation



Digestion







Anemia



Balance







Strengthens Immunity

MaVedas Ancient Wisdom, Modern Nourishment

About Mayedas Foods and Cereals Private Limited

At Mavedas Foods & Cereals Pvt. Ltd., we revive the wisdom of grandmothers through natural, wholesome foods. Inspired by traditional recipes and backed by modern science, we craft safe and nourishing products for women, children, and families.

Mavedas was born from a mother's journey and the healing power of ancestral recipes. Today, we bring back forgotten traditions in a modern way—offering nutrition that is pure, trustworthy, and made with love.